

**Mount Enterprise Football
Parent Info Sheet**

Summer Program

Summer Program workouts are strongly encouraged for high school boys athletes.

Junior High athletes are always welcomed.

Boys will have the big workout Mondays and Wednesdays
The workout will run from 10am-11am

We will work football drillwork as part of the workout

We will open the gym for basketball after the workouts on Mondays and Wednesdays

Weight room will be open at 10am on Tuesdays and Thursdays with a coach to supervise

Full Participation is our program goal!!!!

10am sharp start.... 11am finished....

Week of May 29th No Organized Workouts

Week of June 5 No Organized Workouts

Week of 12-Jun Monday 12-Jun Wednesday June 14

Week of 19-Jun Monday 19-Jun Wednesday June 21

Week of 26-Jun Monday 26-Jun Wednesday 28-Jun

Week of 3-Jul Monday 3-Jul Wednesday 5-Jul

Week of 10-Jul Monday 10-Jul Wednesday 12-Jul

Week of 17-Jul Monday 17-Jul Wednesday 19-Jul

Week of 24-Jul Weight Room is open from 8am-3pm

Week of 31-Jul Report for Football Practice at 8am!!!!

Scott Ponder

Athletic Director

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JULY 31st High School Football Practices Begin

Pre-Season practices will be once a day. Players report at 8am. Practice will run from roughly 8am-12pm the first two weeks.

Week 3 will move to an afternoon schedule. Players will report at 3pm.

Week of July 31-Aug 4 Practice starts at 8am 8am-12pm

Week of Aug 7-Aug 11 Practice starts at 8am 8am-12pm

Week of Aug 14-Aug 18 Practice starts at 3pm 3pm-6pm

Week of Aug 21 School starts After school practice

1st Scrimmage at San Augustine on Friday

2nd Scrimmage at Colmesneil on Thursday

JV Game vs Cushing on Thursday

Varsity at Deweyville on Friday

Junior High Football Practice

Junior high football will meet in the gym Monday, August 21st, the first day of school.

Junior High football practice will begin on Tuesday, August 22nd. **Report to the Fieldhouse at the stadium!!**

Junior High athletics will meet at the stadium each morning at 7am!

The kids will ride the shuttle bus after practice to breakfast at 8:25am.

Please contact Coach Ponder with any questions or concerns. We want this to be a great experience for our young Wildcats.

Moving forward, after football season, we will move to the gym for basketball and off-season. During track season, we will move back to the stadium for our daily practices.